

Pegasus Riding Academy



Senior Saddles

Recreational Riding for
Men & Women, 55 & over



- 10 week Fall session
- 6 week Winter session
- 1 hour lesson per week
- \$40 per lesson
- 2 levels of instruction
- Group lessons of 4 riders
- Indoor arena

Pegasus Riding Academy, Inc., Philadelphia's therapeutic horseback riding center for people with disabilities is now offering riding lessons for able-bodied men & women, 55 & over. SENIOR SADDLES will focus on stretching, strengthening and improving endurance for both the beginner as well as the experienced rider.

Register now !

Friday mornings
10:15 AM & 11:15 AM

Fall Session : 9/16, 9/23, 9/30,
10/7, 10/14, 10/21, 10/28,
11/4, 11/11, 11/18

Winter Session : (2012) 1/6,
1/13, 1/20, 1/27, 2/3, 2/10

Spring Session:
Begins mid-March—dates
to be announced

Pegasus Riding Academy, Inc.

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A one hour lesson will involve grooming, tacking and mounted instruction for either beginner riders or experienced riders who want to improve their skills.

Level I: Beginner—for people who have never ridden or have not ridden in a LONG time. This class will focus on building basics including proper position and seat on the horse, steering, use of legs and balance through walk and trot.

Level II: Advanced Beginner—for people who are currently riding or have ridden recently. This class will focus on progressing beyond basics including smooth transitions, basic dressage skills, and moving in tandem with your horse through walk, trot and canter.

Registration is on a *first come first served basis*. A \$100 deposit is required with registration to reserve a space. Payment in full one week prior to the beginning of each session is required to maintain space.

For further information, call 215-742-1500
Registration forms available at the Pegasus office.